

Faculty

Kelly Andrasik, OTR/L, MOT, SWC

Kelly Andrasik is the primary occupational therapist, in the neonatal intensive care unit (NICU) at Lucile Packard Children's Hospital Stanford. Her clinical specialties and passions include working with infants and children who have feeding and dysphagia-related disorders. She has received her advanced practice certification in "Swallowing Assessment, Evaluation, and Intervention" (SWC) by the California Board of Occupational Therapy (CBOT).

Kelly is very passionate, not only about her work with infants, children, and their families, but also about teaching, instructing and guiding others within the professional field and community. Kelly is a regular presenter, sharing her ideas and knowledge at venues such as the Occupational Therapy Association of California (OTAC) Annual Conference, Dominican University's Masters of OT program, Stanford's High Risk Neonatal Regional Conference, and the National Association of Neonatal Therapists Annual Conference. She is an active advocate for occupational therapy with CBOT and has previously served on the advisory board for OTAC.

Course Date & Location

Friday, May 13, 2016

Elks Lodge, Banquet Room
222 Elks Lane, San Luis Obispo, CA

Registration Information

Please visit coastalliedhealth.com to register online or call (805) 996-0899 for questions or to register by phone.

Early registration fee—\$85.

Deadline for early registration - April 15, 2016

Registration fee after April 15—\$115.

Group discounts available

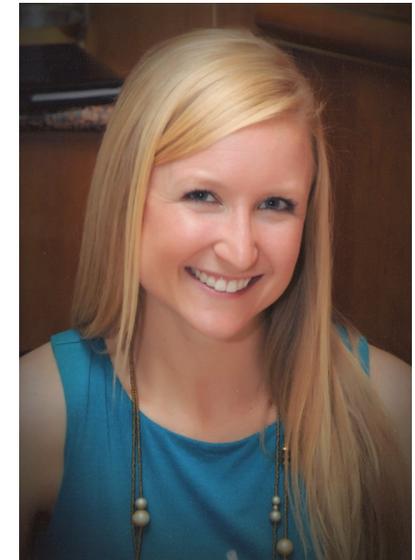
Discounts provided for Elks members and CA-HI Elks Major Project Therapists

**Coast Allied Health reserves the right to cancel a course at any time. We are not responsible for any expenses incurred by the participant except for course tuition reimbursement. Once a course is in progress, no refunds will be issued, we apologize for any inconvenience.*

Scratching the Surface: An Introduction to Common Pediatric Feeding Issues

presented by
Kelly Andrasik, OTR/L, MOT, SWC

Friday, May 13, 2016
San Luis Obispo, CA



sponsored by:



COAST ALLIED HEALTH
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Workshop Description

This workshop is intended for early intervention specialists, child psychologists, and other healthcare professionals who work with pediatric clients experiencing feeding difficulties. This course will also provide an introduction to the therapist who is interested in adding feeding strategies to her treatment repertoire. Whether your client has picky eating tendencies, sensory related feeding difficulties, or phobic behaviors surrounding feeding, this course will provide you with the necessary tools to begin addressing these issues. After taking this course, you will be able to confidently help your client work beyond expected and developmentally appropriate feeding struggles, identify what constitutes a more serious concern and determine when to seek further help and resources. Participants are encouraged to bring specific questions, including case studies to discuss with the group.

Course Objectives

Upon completion of this workshop, participants will be able to:

1. Summarize the expected developmental progression of oral feeding skills.
2. Explain two common and expected difficult stages as pertains to feeding skill development.
3. Verbalize three anticipatory strategies to decrease the risk of a pediatric client developing a food aversion.
4. Discuss at least two strategies to address sensory related feeding issues.
5. Identify three signs of swallowing issues that would warrant a referral to a medical professional or feeding specialist.

Course Credits:

6 contact hours awarded to all attendees.

.6 AOTA CEUs awarded to all OTs and OTAs



The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Activity Cancellation by Provider:

Coast Allied Health reserves the right to cancel a course for any reason. In the event Coast Allied Health cancels a course, a full refund for tuition will be issued to the learner. Coast Allied Health is not responsible for any expenses incurred by the learner except for course tuition. We apologize for any inconvenience.

Activity Cancellation by Learner:

All cancellations will be accepted with a written notice and must be received within 14 days prior to the course date. Cancellations will be refunded minus a processing fee of \$15. Refunds will not be issued after the deadline.

Complaint Resolution:

Learners may contact Coast Allied Health by sending an email to info@coastalliedhealth.com, calling (805) 996-0899 or writing a letter to Coast Allied Health, PO Box 4037, San Luis Obispo, CA 93403-4037. All inquires will be followed up in a timely manner.

Questions?

Please contact Mollie Bivens at (805) 996-0899 or mollie@coastalliedhealth.com

Scratching the Surface: An Introduction to Common Pediatric Feeding Issues

Time	Topic
8:30 - 9:00 AM	Registration and Continental Breakfast
9:00 - 9:45	Introduction to Anatomy, Physiology and Swallowing Mechanics
9:45 - 10:30	What could possibly go wrong? Pathophysiology, Oral Feeding Mechanics, Pharyngeal/ Esophageal Impairments
10:30 - 10:45	Break
10:45 - 11:45	Helping Infants to Succeed: developmental progression of skills, barriers that may arise, appropriate interventions, safety concerns and red flags
11:45 - 12:00	Infant Case Studies and Q & A
12:00 - 1:00 PM	Lunch (on your own)
1:00 - 1:45	Helping Pediatric Clients to Succeed: picky eating vs. sensory integration disorder, behavioral challenges, food phobias, pill swallowing, safety concerns and red flags
1:45 - 2:45	Successful (and fun) Interventions: food chaining, behavioral modifications, strategies for non-oral feeders
2:45 - 3:00	Break
3:00 - 3:45	Pediatric Case Studies and Q & A
3:45 - 4:15	Medical Concerns Related to Feeding Difficulties: enteral feeding - NG tube, G tube, GJ tube, common diagnostic tests for feeding issues, VFSS, FEES, Upper GI, pH apnea probe study, when to seek outside help and referrals
4:15-4:30	Wrap Up